



# PREMIER MEDICAL CLINIC

Primary Care, Walk-Ins & Occupational Health

**Phone: 321-613-5352 Fax: 321-613-5356**  
4350 N. Atlantic Avenue • Cocoa Beach • FL 32931

Between Patient: \_\_\_\_\_ and Doctor: Dixitkumar N Modi, M.D.

The Florida Legislature has laws governing the prescription of controlled drugs. These drugs include all narcotics (such as codeine, hydrocodone and oxycodone), sleeping aids, benzodiazepines {such as valium, Xanax and Ativan), and ADHD medications such as concerta, metadate, Ritalin, and Vyvanse). To comply with these laws, I acknowledge and agree to the following:

1. Prescriptions for most controlled substance medications can only be written for a 30-day supply.
2. I agree that only my physician will prescribe controlled substance medication. I will not obtain or use any controlled substances from a source other than my physician. I will instruct my other physicians to confer with my physician for any changes or need for additional controlled substance medication. If it is discovered that other providers are prescribing medications for me, my physician reserves the right to discontinue prescribing medications and/or discharge me from the clinic.
3. Refills must be written {i.e., they cannot be faxed or phoned in). I will need to come in and pick up the prescription. All medicine should be filled at the same pharmacy, when possible. The pharmacy I have selected is:(name/phone)
4. My physician's office requires a 72-hour notice to refill prescriptions. Prescriptions can only be refilled during normal business hours. They will NOT be refilled at night or on weekends. I must provide proof of identity to pick up my prescription for controlled substances.
5. I must be seen by my doctor every 3 months to continue to get refills.
6. My physician's office is not responsible for any controlled substance medications that have been misplaced, lost or stolen. Controlled substances cannot be refilled before the renewal date.
7. Routine blood work and random urine drug screens may be part of my treatment plan. I agree to have them done on the day my physician requests it.
8. If I do not follow these policies, my physician will not be able to continue to prescribe these medications for me.
9. It is a crime to obtain narcotics under false pretenses. This could include getting medications from more than one doctor, misrepresenting myself to obtain medications, using them in a manner other than prescribed or diverting the medications in any other way (selling). If my physician has reason to believe that I have violated this agreement, the physician has the right to notify and cooperate with law

enforcement. If the responsible legal authorities have questions concerning my treatment, as might occur, for example, if I were obtaining medications at several pharmacies, all confidentiality is waived, and these authorities may be given full access to my records.

10. My physician has the right to discontinue controlled substance medications and discharge me from care if any of the following occur.

- I trade, sell, misuse or share medication with others.
- The clinic discovers I have broken any part of this agreement.
- I do not go for blood work or urine tests when asked.
- My blood or urine shows the presence of medications that my physician is not aware of, the presence of illegal drugs or does not show medications that I am receiving a prescription for.
- I get controlled substances from sources other than Dixitkumar N Modi MD PA d/b/a Premier Medical Clinic physicians.
- I exhibit any aggressive behavior toward the physicians or staff.
- I consistently miss appointments.

*This document outlines our clinic policy on controlled prescription medicines, designed to ensure safe care and an effective treatment relationship.*

Our goal is to treat your medical conditions effectively and safely. Controlled Medicines can help you return to your usual activities, but they have risks. California and US Federal governments closely regulate these medicines because they have a high potential for misuse, overdose, and death.

**Controlled Medicines include:**

- Opioids**, prescribed to help treat pain, such as **codeine** (Tylenol #3, #4), **oxycodone** (Percocet or Oxycontin), **hydrocodone** (Norco or Maxidone), **morphine** (Avinza, Kadian or MS Contin), **methadone**, **hydromorphone** (Dilaudid), **fentanyl** (Duragesic, Actiq, Abstral, Fentora, Subsys, Lazanda, Onsolis, lonsys, Sublimaze), **oxymorphone** (Opana), **buprenorphine** (Suboxone Buprenex, Butrans), or **tramadol** (Ultram).  
You may receive a prescription for **naloxone**, a medication that can reverse the effects in the event of an accidental overdose. This medication has saved many patients from harm or even death due to accidental overdose with opioid medicines. Please share with your family and/or friends when and how to use this medication and where it is kept. In an emergency, they should call 911 for guidance
- Benzodiazepines**, prescribed to help treat anxiety, insomnia and muscle spasm, such as **diazepam** (Valium), **clonazepam** (Klonopin), **lorazepam** (Ativan), **alprazolam** (Xanax), **temazepam** (Restoril), or **triazolam** (Halcion).
- Sleep aids** prescribed to treat insomnia, such as **zolpidem** (Ambien), **eszopiclone** (Lunesta), or **zaleplon** (Sonata).
- Muscle relaxants** such as **carisoprodol** (Soma).

- **Stimulants**, prescribed to treat attention deficit disorders, such as **methylphenidate** (Ritalin, Concerta, Quillivant XR), **dextramphetamine** (Adderall, Dexedrine, ProCentra, Zenzedi), **benzphetamine** (Didrex, Regimex), or **dexmethylphenidate** (Focalin, Focalin XR), or to assist with weight loss such as **phentermine** (Adipex-P, Suprenza, Qsymia).
- **Testosterone** (available in a multitude of formulations) prescribed for the treatment of hypogonadism or transgender purposes. Additional consent regarding side effects will be required by the prescribing physician.

**Risks of Controlled Medicines may include:**

1. **Increased tolerance over time:** You can experience less symptom relief from the medication when used daily for extended periods of time. Developing tolerance to the beneficial effects of a medication does not imply you have also become tolerant to its side effects. Studies show the higher the dose prescribed, the higher the risk of serious side effects, including death.
2. **Withdrawal symptoms:** You can develop withdrawal symptoms if you stop taking the medicine suddenly. Withdrawal from opioids can make you feel like you have a horrible flu with stomach pain, shaking, nausea, diarrhea, anxiety, body aches, and restlessness. Withdrawal from benzodiazepines can make you feel shaky, anxious, or you can have seizures. Withdrawal from stimulants may make you have a headache or feel shaky and depressed.
3. **Addiction:** You can develop addiction, which is when you experience intense cravings for the medicine and use it outside of the boundaries of your doctor's guidance even if it negatively impacts your behavior and mental health.
4. **Side effects:** Please read your pharmacy insert carefully and tell your doctor any new symptoms you may develop when starting these medications.

Please tell your doctor if you begin to experience any of the potential risks or side effects noted above.

**Please note:**

**Combining multiple Controlled Medicines together (such as opioids with benzodiazepines or carisoprodol) can be dangerous and needs close monitoring by your regular doctor. You should not drink alcohol, take sedatives, or street drugs when taking prescribed Controlled Medicines as it may increase your risk of serious illness and even death. Tell your doctor if you are taking supplements, herbs or medicinal marijuana.**

In order for your doctor to safely prescribe Controlled Medicines, we require adherence with the following policies:

- 1. Follow through.** To improve your medical condition, you will often need additional medicines and treatments (physical therapy, counseling, other specialists, etc.). **It is important that you follow through with ALL agreements and care plans you make with your doctor.** Together with your doctor an appropriate frequency for follow up visits will also be determined as a requirement for continued prescribing of controlled substances.
- 2. Take the Controlled Medicine as prescribed.** Taking more Controlled Medicines than prescribed by your doctor can lead to overdose and death. Furthermore, if you take extra and thus run out early, you may go into withdrawal. Your doctor will not refill your medicine early if you take more than the amount written in the directions. If you feel you need a different dose, you need to schedule an appointment with your regular doctor. Do not go to Stanford Express Care Clinics or the Emergency Room to request additional Controlled Medicines.
- 3. We participate in Florida's controlled medicine monitoring program.** For your safety, while in our care, please use one pharmacy for filling all your controlled medicine prescriptions and do not obtain controlled medicines from physicians other than your regular family/primary care doctor. If you do for example receive them from a dentist or the emergency room, you must inform us so that we may consider this in your care plan. We take this very seriously and failure to maintain honest communication about controlled medicine use can result in our decision to stop prescribing controlled medicines.
- 4. Combining alcohol or street drugs with Controlled Medicines is very dangerous.** If you are drinking alcohol or taking street drugs, your doctor will not be able to continue to prescribe Controlled Medicines. It is our standard practice to check urine drug tests from time to time. These results are not shared, except with the providers involved in your care.
- 5. For refills, please call the pharmacy 5 working days (one week) prior to running out of medicine.** Controlled substance refills require time for processing; thus we are not able to refill these prescriptions on demand. We ask that you call in your refill request 5 working days (1 week) ahead of time. Multiple calls to the clinic or in-person demands cannot change this process, so please plan accordingly. Controlled Medicines will not be refilled by the doctor on-call after clinic hours, weekends or holidays.
- 6. Treat your Controlled Medicines as you treat your money.** Just as the bank will not replace lost or stolen money, we will not replace lost or stolen Controlled Medicines. It is your responsibility to keep your medications stored safely, including keeping them out of reach of children and away from teenagers.
- 7. Never share or sell your Controlled Medicines.** This is called Diversion and is against the law. Your doctor is obligated by the DEA to report suspected diversion or lost prescriptions to law enforcement in order for them to investigate and determine if a

crime has occurred.

8. **Controlled Medicines may affect your ability to think clearly.** It is your responsibility to not drive, perform difficult tasks, or make important decisions when taking Controlled Medicine if you have been instructed not to do so.
9. Your doctor may contact other doctors or pharmacists involved in your care to discuss your progress and share information about this agreement or any breach of this agreement.
10. **Taking Controlled Medicines during pregnancy can cause harm to the baby.** Please tell your doctor if you may be pregnant or are planning to become pregnant.
11. If your doctor feels the Controlled Medicine is no longer appropriate for your care, he or she may slowly reduce your medicine or refer you to a specialist who can help you **transition off the medicine**. If you feel the medicine is not providing you benefit or causing too many side effects, **DO NOT STOP THE MEDICINE SUDDENLY**. Please discuss this with your physician so that he/she may assist you in getting off safely.
12. **We expect mutually respectful communication and behavior between our patients and staff.** Should you feel frustrated or concerned, we are here to address your concerns and connect you to proper channels to share your experience as needed. We are all working together to keep you healthy and safe.

Signing this agreement means that you have read, understand, and agree to follow the above rules. If you do not follow the above rules, you understand that your doctor may stop prescribing Controlled Medicine(s) for you. I hold Dixitkumar N Modi MD PA d/b/a Premier Medical Clinic physicians harmless from any liability in the event I am dismissed from the practice for failure to abide by this agreement. I have read and understand the above policy.

_____	_____
Patient/Guardian Signature	Date
_____	_____
Printed Patient's Name	DOB
_____	
Witness	